



First Aid & Safety

Any of our courses can be delivered on-site or customized to suit your organization. For a complete course listing, consult our most recent calendar or visit our website. Here is a sampling of popular courses in this program area.

Basic Rescuer (CPR “C”)

This CPR course for health-care professionals (nurses, health-care providers, professional rescuers) includes CPR (adult, child, infant) as well as signs, symptoms, and risk factors for a heart attack. CPR ‘C’ is a prerequisite for Home Support/Resident Care Attendant, and certification is issued by Red Cross.

Fall Protection

Do you work in the construction industry? If you do, then this three hour introductory fall protection workshop is for you. You will be provided with an overview of various types of fall protection systems, the WCB requirements for working safely and the equipment used. Participants will receive proof of attendance.

H2S Alive

A Hydrogen Sulphide Safety Training program is mandatory for people who wish to work in the upstream oil and gas industry. Upon successful completion of the final test, a temporary ticket will be issued, the permanent card being forwarded to the student approximately three months later. Ticket valid for three years.

Confined Space Entry

This course will teach you the basic concepts of confined space entry including definitions; WorkSafe BC Occupational health & Safety regulations; what a confined space program is; and what the hazards are. Participants will learn about advanced topics by completing an assessment and an entry permit developing a safe work procedure for entering space and performing atmospheric testing. This course meets the OH&S requirement for confined space entry training.

Occupational First Aid – Level 1

Program designed to provide life-saving first aid skills to workers in industry as required by the WCB. Learn the priority action approach to the end of the primary survey; critical intervention of the airway with Cspine control; respiratory and circulatory emergencies and the appropriate critical interventions. 2-year certificate awarded.

S-100 Basic Fire Suppression & Safety

This course meets WCB and BC Ministry of Forests and Range regulations and training requirements for forest fire fighters. Topics include: fireline safety; fundamentals of fire fighting and fire suppression; fire behaviour; tools and equipment; and water delivery using portable pumps and gravity systems. Prerequisite: None.

What’s WHMIS

All persons working in the vicinity of hazardous materials are required, by law, to have training in the Workplace Hazardous Materials Information System (WHMIS). Topics include labelling, Materials Safety Data Sheets, and worker education and training requirements. Fee includes manual. Certificate awarded upon successful completion.

Education For Your Life

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Professional Development and Training

